



## **Savile Town Infant and Nursery School** **Physical Education and Physical Activity Policy 2025**

### **Our School Vision**

At our school we celebrate our faith diversity and provide a safe environment where our children are happy to learn. We are kind, caring and respectful to others. We aim to inspire future generations of our school and community to become lifelong learners.

### **Rationale**

Our aim for all children at Savile Town Infant and Nursery School is to experience high quality physical education that will lead to lifelong participation in physical activity as part of a healthy lifestyle. We aim for our children to develop an enthusiasm for being active and healthy, which will follow them into adulthood.

### **PE Curriculum**

The National Curriculum 2014 for physical education aims to ensure all pupils:

<b>Intent</b>	<b>Implementation</b>	<b>Impact</b>
Our children will develop the fundamental skills of PE through an exciting and varied curriculum.	Children from Reception to Year 2 take part in Get Set 4 PE sessions throughout the year.	Children will develop a love of physical activity and understand the importance of it in their own lives.
They will understand the importance of active, healthy lifestyles.	Children in Nursery are strongly encouraged to take part in robust physical activity as part of their daily routine.	Staff will use their subject knowledge to confidently support and extend the children's learning in PE lessons.
Our PE lessons will develop the whole child and provide cross-curricular links.	Active lessons and movement breaks are used in all classes on a daily basis.	Children will take part in physical activity on a daily basis, both indoors and outdoors.
In all year groups, PE will be taught in an enabling environment, which promotes both independent and collaborative learning and makes PE inclusive to all.	Sport-themed days are celebrated throughout the year. Some of these include trips/ off-site activities.	

- Develop competence to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives.

We aim to provide a well-balanced curriculum which meets statutory requirements and shows progression across Early Years and Key Stage 1.

In Nursery and Reception, children are strongly encouraged to take part in robust physical activity throughout the day. Both indoors and outdoors, they have access to a wide range of equipment in the continuous provision which supports the development of their gross motor skills, in line with the expectations set out in Development Matters.

In Reception and Key Stage 1, children take part in Get Set 4 PE sessions throughout the year. In Reception, this constitutes one hour of directed teaching per week, building up to two hours per week in years 1 and 2.

Curriculum coverage is as follows:

	TERM 1		TERM 2		TERM 3	
<b>Reception</b> <i>Lions</i>		Introduction to PE : Unit 1	Fundamentals : Unit 1	Ball Skills : Unit 1	Gymnastics : Unit 1	Games : Unit 1
<b>Year 1</b> <i>Kangaroos</i>	Fundamentals	Gymnastics	Dance	Yoga	Athletics	Team Building
	Ball Skills	Sending and Receiving	Target Games	Invasion Games	Net and Wall Games	Striking and Fielding Games
<b>Year 2</b> <i>Penguins</i>	Fundamentals	Gymnastics	Dance	Fitness	Athletics	Team Building
	Ball Skills	Invasion Games	Target Games	Yoga	Net and Wall Games	Striking and Fielding Games

## Physical Activity

Outside of PE sessions, children are encouraged to be physically active as part of their daily routine. Active lessons and movement breaks are used regularly to promote well-being and sensory regulation across all areas of the curriculum, and children are encouraged to be physically active at lunch times and break times by the provision of games boxes linked to the Get Set 4 PE scheme.

Throughout the year, children are encouraged to take part in whole school events which promote physical activity, such as Sports Day, Sport Relief and National Fitness Day.

## Inclusion/ Equal Opportunities

In all year groups, PE is taught in an enabling environment, which promotes both independent and collaborative learning and makes PE inclusive to all. Teachers deliver PE in ways that suit their pupils' needs and abilities. This may mean making adaptations to the Get Set 4 PE scheme and using it flexibly (e.g. taking objectives from other year groups instead of the one that matches a child's chronological age). By responding to pupils' diverse learning needs, the PE curriculum sets high expectations and provides opportunities for all pupils to enjoy and achieve in PE.

## School Sport Partnership and School Links

Savile Town Infant and Nursery School is part of the North Kirklees School Sports Partnership. This allows access to curricular support, competitive opportunities for our pupils and continued staff training.

## Clothing

It is important all children wear the appropriate clothing and footwear in PE lessons to minimise the risk of injury and ensure the children's safety. All jewellery should be removed and children who wear earrings must have them covered if they cannot be removed.

The PE uniform consists of:

- Shorts/jogging bottoms/ leggings
- White t-shirt
- Trainers for outdoor PE

## Health and Safety

The publication of 'Safe Practice; in Physical Education, School Sport and Physical Activity' is available to all staff and located in the staffroom.

To be reviewed: June 2026